



MOTHER THERESA INSTITUTE OF ENGINEERING & TECHNOLOGY

((Approved by AICTE, Affiliated to Jawaharlal Technological University Anantapuram)

Accredited by NAAC with A⁺, An ISO 9001:2015 certified institution

Melumoi Post, PALAMANER - 517408



National Service Scheme-MTIET

From:

Mr. N. V. KISHORE KUMAR M.Tech
Assistant Professor
EEE Department

REF NO: MTIET/NSS-MTIET/COVERING LETTER/2022-23

Date: - 17-06-2023

To

The Principal Sir

MTIET

Sub: - MTIET – NSSCELL-MTIET - RQUEST FOR PERMISSION TO CELEBRATE INTERNATIONAL
YOGA DAY – Reg.

Sir,

As a part of NSS activities, the NSS CELL of MTIET was planning to conduct **YOGA FOR VASUDHAIVA KUTUMBAKAM** program on behalf of celebration of **INTERNATIONAL YOGA DAY** in the college campus. In connection to the above program I request you to give permission to organize the program on 21-06-2023 along with the faculty & students volunteers. This is for your kind perusal.

THANKING YOU

Yours faithfully


N.V.KISHORE KUMAR, 17/6/23

NSS PROGRAMME OFFICER
Mother Theresa Institute of Eng & Tech
Melumoi, Palamaner-517408

Permission given

17/6/23

PRINCIPAL
Mother Theresa Institute of
Engineering and Technology
PALAMANER - 517 408



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CIRCULAR

REF NO: MTIET/NSS-MTIET/CIRCULAR/2022-23

Date: - 20-06-2023

As a part of NSS ACTIVITIES, the NSS CELL of MTIET is going to conduct **YOGA FOR VASUDHAIVA KUTUMBAKAM** program on behalf of celebration of **INTERNATIONAL YOGA DAY** in the college campus. In connection to the above program I request the faculty, students & NSS volunteers to attend the program on 21-06-2023 & participate actively to make the program grand success.

Circular to all staff members

Circular to all class rooms

Copy to notice board

Copy to file


20/6/2023
N.V.KISHORE KUMAR,
NSS PROGRAMME OFFICER
Mother Theresa Institute of Eng & Tech
Melumoi, Palamaner-517408



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National Service Scheme-MTIET

REPORT ON

“YOGA FOR VASUDHAIVA KUTUMBAKAM”

Organized by NSS CELL-MTIET on 21/06/2023

MTIET Celebrated International Day of Yoga or World Yoga Day on 21st of June 2023, declared by the United Nations General Assembly on 11th of December in 2014.

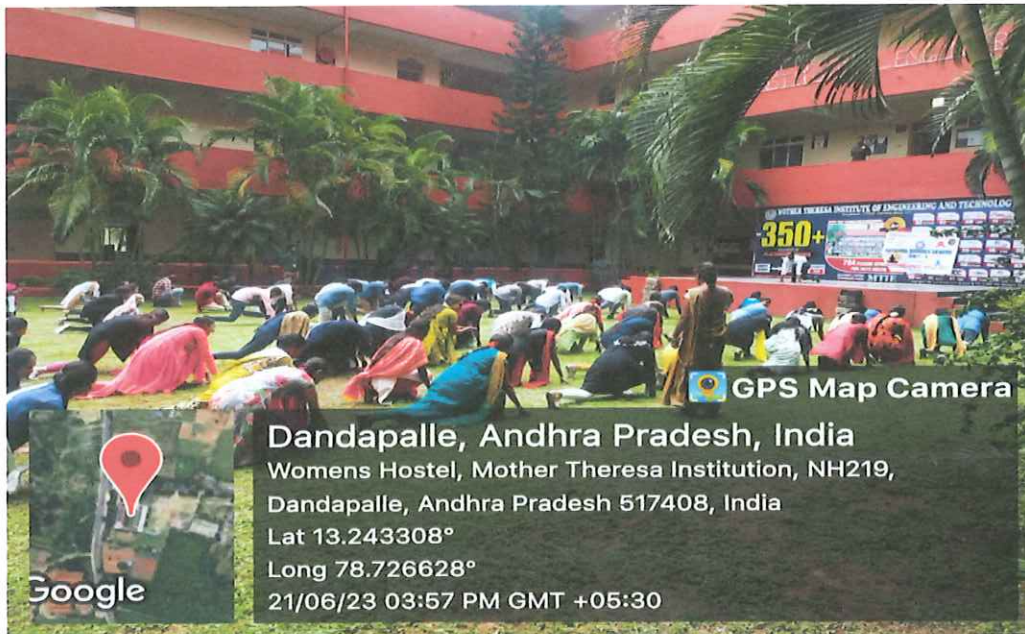
The International Yoga Day was observed by NSS CELL of MTIET and the complete ambiance is filled with the aroma of peace, harmony, happiness and success as each student participated in the program.



81 students of B.Tech accompanied by the teachers performed Yoga between 03-00 Pm to 4:30 Pm. At college campus where Different yoga asanas was guided to the students on Vrikshasana, Uttaanaasana, Trikonaasana, Bhadrasana, Shashankaasana, Bhujangasana, Pawana Mudras, finally ended with Pranayama and meditation. Prayers were recited before and after the program.



A speech on the Yoga, its benefits and its usefulness were delivered to the students, which included it as a great opportunity to imbibe the value of discipline. Yoga is a mental, physical and spiritual practice that needs to be practiced every day. Students got the chance to know how yoga embodies unity of mind and body.



STUDENTS PRACTICING YOGA ASANAS @ "INTERNATIONAL YOGA DAY"
- 21/06/2023

Secretary and Correspondent of MTIET Sri.M.Ravindra Babu Garu appreciated the NSS Programme officer sri. N V Kishore kumar and his team and all the participants for the team spirit and encouraged them for further activities.

The session was attended by Programme Officers of MTIET NSS Unit, staff and students.

Heartfelt thanks to our Prime Minister, Mr. Narendra Modi for giving an opportunity for Colleges to celebrate the International Yoga Day. The College is also thankful to NSS UNIT OF MTIE for initiating this under them, also for inculcating Yoga as a part of the daily life.


N.V.KISHORE KUMAR,
NSS PROGRAMME OFFICER
Mother Theresa Institute of Eng & Tech
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“YOGA FOR VASUDHAIVA KUTUMBAKAM”

Organized by NSS CELL-MTIET on 21/06/2023

PARTICIPANTS LIST

SL.NO	NAME OF THE PARTICIPANT
1.	A CHANDAN
2.	A S DIL NAWAZ
3.	AADI POOJITHA
4.	ADAPA PRASANNA LAKSHMI
5.	AGAVURI HEMANTH KUMAR
6.	AMMINENI DILLI BABU
7.	ARAVAREDDY POORNACHANDRA REDDY
8.	BHAVANA B R
9.	B JASWANTH
10.	B REDDY TEJA
11.	B S THULASI RAM
12.	B S VARSHITHA
13.	B USHA
14.	BANDARAM GAJENDRA
15.	BEEGAM KAVITHA
16.	BEJAWADA VASU
17.	BHIMALA KOTESWARA RAO
18.	C M VEDAVATHI
19.	CHAKALA LATHASREE
20.	CHAMANCHI MAMATHA
21.	GUNDLURU SANDEEP KUMAR
22.	GURRALA NAGAJYOTHI
23.	GURRAMKONDA NAGENDRA
24.	GUTTAMEDA SHAMBAVI
25.	H THANUJA
26.	J S GAYEE PRIYA
27.	K ADARSH
28.	K REDDY THARUN
29.	K SAI CHARAN
30.	KAMBHAM SARATH CHANDRA REDDY
31.	KAMSALA THARUN KUMAR

32.	KANDLUMUSE SUMIYA
33.	KARREPPAGARI MOUNIKA
34.	KEMPIREDDYGARI SUSMITHA REDDY
35.	KOLATHUR RAJU KUMAR
36.	KOPPALA HIMA BINDU
37.	KORIVI YOGESH
38.	KORRAPATI VAISHNAVI LAKSHMI
39.	KOTHA JAYASREE
40.	KOTHAKOTA POORNIMA
41.	KOTHURUREDDYVARI LIKHITHA
42.	A DEEPIKA RANI
43.	A RAMA LAKSHMI
44.	A SAI LOKESHWAR
45.	AKULA RUKMINI
46.	AMARAVATHI SANDHYA RANI
47.	APPOJIGARI MAHESWAR REDDY
48.	ARCHAKAM POORNIMA
49.	AVANI PALLAVI
50.	B PAVAN KUMAR REDDY
51.	B V AISHWARYA
52.	B V VINEELA
53.	BANDI BINDU ROOPA
54.	BANDLOLLA MYTHRI
55.	BANGIVANDLA GREESHMA
56.	BASAPPAGARI VANITHA
57.	BATHULA VAMSI KRISHNA
58.	BHUSETTY AKHILA
59.	BILLERI CHANDANA
60.	BOLLAPPAGARI SOUMYA
61.	C RAHUL REDDY
62.	CHAKALA SAIPRIYA
63.	CHALLA ISHWARYA
64.	CHEMBAKURU CHARITHA
65.	CHINNAGANGANNA GARI YOGITHA
66.	CIMITI PRASANNA
67.	D HARTHIK REDDY
68.	DEEPANI HARITHA
69.	DEVARINTI NARESH KUMAR REDDY
70.	DINNE SIVA SIDDESHWAR
71.	DODDA REDDY GARI PRIYADARSHINI
72.	G HARIKA
73.	G JAGADEESH YADAV
74.	G KAVYA SREE
75.	G S DURGA PRASAD
76.	G S MOHAN REDDY
77.	G SRI LAKSHMI PRAVEEN
78.	GANDLA VARUN KUMAR

79.	GUNTI HEMALATHA
80.	GUNTI SAI BHARATH
81.	J KISHORE


22/6/2023

N.V.KISHORE KUMAR,

NSS PROGRAMME OFFICER
Mother Theresa Institute of Eng & Tech
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22/6/23

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