



MOTHER THERESA INSTITUTE OF ENGINEERING & TECHNOLOGY

(Approved by AICTE, Affiliated to Jawaharlal Technological University Anantapuram)



Melumoi Post, PALAMANER - 517408

National Service Scheme-MTIET

From:

Mr. N. V. KISHORE KUMAR M.Tech
Assistant Professor
EEE Department

REF NO: MTIET/NSS-MTIET/COVERING LETTER/2020-21

Date: - 16-06-2021

To

The Principal Sir

MTIET


Sub: - MTIET – NSS-MTIET - RQUEST FOR PERMISSION TO CELEBRATE INTERNATIONAL
YOGA DAY – Reg.

Sir,

As a part of NSS activities, the NSS-MTIET was planning to conduct **YOGA AS A PART OF DAILY LIFE** program on occasion of **INTERNATIONAL YOGA DAY** for junior college students of government junior college, PALAMANER. In connection to the above program I request you to give permission to organize the program on 21-06-2021 along with faculty co-coordinators & students. This is for your kind perusal.

THANKING YOU

Yours faithfully


N.V.KISHORE KUMAR, 16/6/21

CO-ORDINATOR, NSS - MTIET

Permitted


PRINCIPAL
Mother Theresa Institute of
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PALAMANER - 517 408.



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CIRCULAR

REF NO: MTIET/NSS-MTIET/CIRCULAR/2020-21

Date: - 18-06-2021


As a part of NSS ACTIVITIES, the NSS-MTIET is going to conduct YOGA AS A PART OF DAILY LIFE program on occasion of INTERNATIONAL YOGA DAY for junior college students of government junior college, PALAMANER. In connection to the above program I request the faculty coordinators, NSS volunteers to attend the program on 21-06-2021 and participate actively to make the program grand success.

Circular to all staff members

Circular to all class rooms

Copy to notice board

Copy to file


N.V. KISHORE KUMAR, 18/6/21

CO-ORDINATOR, NSS - MTIET



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REPORT ON

“YOGA AS A PART OF DAILY LIFE”

Organized by NSS-MTIET on 21/06/2021

MTIET Celebrated International Day of Yoga or World **Yoga Day on 21st of June 2021**, for students of GOVERNMENT JUNIOR COLLEGE, PALAMANER.

The International Yoga Day was observed by NSS team of MTIET and the complete ambiance is filled with the aroma of peace, harmony, happiness and success as each student participated in the program.

49 student volunteers of B.Tech accompanied by the teachers performed Yoga between 09:30 AM and 10:30 AM. Different yoga postures were guided by the students to the junior college students.

A speech on the Yoga, its benefits and its usefulness were delivered by P CHANDRA REDDY, PRINCIPAL of GOVERNMENT JUNIOR COLLEGE PALAMANER. This included it as a great opportunity to imbibe the value of discipline Yoga is a mental, physical and spiritual practice that needs to be practiced every day. Students got the chance to know how yoga embodies unity of mind and body.

Secretary and Correspondent of MTIET Sri.M.Ravindra Babu Garu appreciated the NSS Programme officer sri. N V Kishore kumar and his team and all the participants for the team spirit and encouraged them for further activities.

Heartfelt thanks to our Prime Minister, Mr. Narendra Modi for giving an opportunity for Colleges to celebrate the International Yoga Day. The College is also thankful to NSS UNIT OF MTIE for initiating this under them, also for inculcating Yoga as a part of the daily life.



STUDENTS PRACTICING YOGA ASANAS @ "INTERNATIONAL YOGA DAY"


N.V. KISHORE KUMAR, 21/6/21

CO-ORDINATOR, NSS – MTIET


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"YOGA AS A PART OF DAILY LIFE"

Organized by NSS-MTIET on 21/06/2021

PARTICIPANTS LIST

SL.NO	NAME OF THE PARTICIPANT
1.	C POOJA
2.	CHAKALA VIJAYA KUMAR
3.	DEVARAJULU YOGESH
4.	ETTA VENU KUMAR REDDY
5.	G NAVYA
6.	G PALLAVI
7.	G SRI RAM
8.	GAJJELA PRASANNA
9.	GUDIBANDA HARIKA
10.	GUDISINTI REENA
11.	GUDLA SAI KARTHIK
12.	J MAHENDRA
13.	JANGAM RAKSHITHA
14.	JINKALA KIRAN KUMAR
15.	K DINESH
16.	KALAPPAGARI JYOTHSNA
17.	KARANAM TEJARAM
18.	KUMMARA CHAITANYA
19.	KUNCHEPU SANDHYA
20.	KUNNUTHULA DEEPIKA
21.	M BHARATH KUMAR
22.	MAJLELA KRISHNA
23.	MAMIDIKAYALA JHANSI
24.	MASINI NAVEEN KUMAR
25.	N MOUNIKA
26.	N SIREESHA
27.	N THARUN
28.	P ASHOK
29.	POLURI VAMSI
30.	PULLAPPAGARI SRUTHI
31.	RAMAPURAM MANEESHA
32.	S ABDUL REHAMAN
33.	SHAIK ARIF
34.	SHAIK RAGHMAN HAMEDA BHANU

35.	SRIRANGAM SWATHI
36.	THIMMIGOWNIVARI KIRAN KUMAR
37.	THIMMIREDDIGARI MOUNIKA
38.	V UDAYKIRAN
39.	VARADARAJULA POOJITA
40.	B LEELA PRASAD
41.	BURUJU MADHAN MOHAN REDDY
42.	B NIRANJAN REDDY
43.	BISANA NAVEEN
44.	C LAKSHMIKANTH
45.	C ROOPKUMAR
46.	CHANDRAGIRI ASHOK KUMAR
47.	CHILLAKURU SUBRAMANYAM
48.	G S DINATEJ REDDY
49.	GANDHODI KIRAN KUMAR


N.V.KISHORE KUMAR, 21/6/21

CO-ORDINATOR, NSS - MTIET


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