



MOTHER THERESA INSTITUTE OF ENGINEERING & TECHNOLOGY

(Approved by AICTE, Affiliated to Jawaharlal Technological University Anantapuram)



Melumoi Post, PALAMANER - 517408

National Service Scheme-MTIET

From:

Mr. N. V. KISHORE KUMAR M.Tech.
Assistant Professor
EEE Department

REF NO: MTIET/NSS-MTIET/COVERING LETTER/2016-17

Date: - 17-06-2016

To

The Principal Sir

MTIET

Sub: - MTIET – NSS-MTIET - RQUEST FOR PERMISSION TO CELEBRATE INTERNATIONAL
YOGA DAY – Reg.

Sir,

As a part of NSS activities, the NSS-MTIET was planning to conduct **MAKE YOGA DAY YOUR DAY** program on behalf of celebration of **INTERNATIONAL YOGA DAY** in the **GOVERNMENT PRIMARY SCHOOL, PANJANI**. In connection to the above program I request you to give permission to organize the program on 21-06-2016 along with the faculty & students volunteers. This is for your kind perusal.

THANKING YOU

Panjani

17/6/16
PRINCIPAL
Mother Theresa Institute of
Engineering & Technology
PALAMANER - 517 408.

Yours faithfully

N.V. Kishore Kumar
N.V.KISHORE KUMAR, 17/6/16

CO-ORDINATOR, NSS - MTIET



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CIRCULAR

REF NO: MTIET/NSS-MTIET/CIRCULAR/2016-17

Date: - 18-06-2016

As a part of NSS ACTIVITIES, the NSS-MTIET is going to conduct **MAKE YOGA DAY YOUR DAY** program on behalf of celebration of **INTERNATIONAL YOGA DAY** in the **GOVERNMENT PRIMARY SCHOOL, PANJANI**. In connection to the above program I request the faculty, students & NSS volunteers to attend the program on 21-06-2016 & participate actively to make the program grand success.

Circular to all staff members

Circular to all class rooms

Copy to notice board

Copy to file


N.V. KISHORE KUMAR, 18/6/16

CO-ORDINATOR, NSS - MTIET



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REPORT ON

“MAKE YOGA DAY YOUR DAY”

Organized by NSS-MTIET on 21/06/2016

MTIET Celebrated International Day of Yoga or World Yoga Day on 21st of June 2016, declared by the United Nations General Assembly on 11th of December in 2014.

The International Yoga Day was observed by NSS team of MTIET and the complete ambience is filled with the aroma of peace, harmony, happiness and success as each student participated in the program.

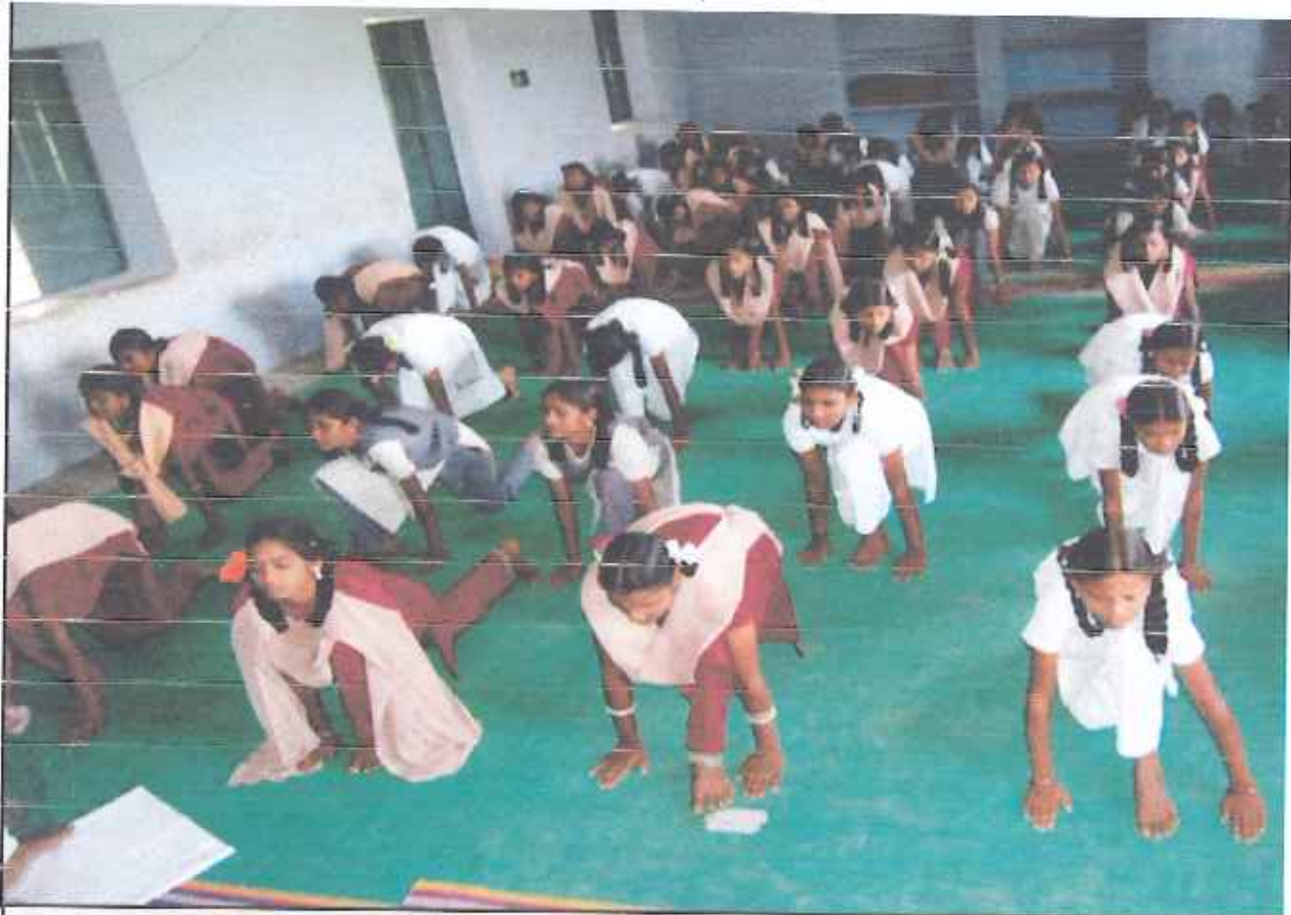
51 students of B.Tech accompanied by the teachers performed Yoga between 03-00 Pm to 4:30 Pm. At government primary high school, Panjani where Different yoga postures was guided by the students of MTIET to school children on Vrikshasana, Uttanaasana, Trikonaasana, Bhadrasana, Shashankaasana, Bhujangasana, Pawana Mudras, finally ended with Pranayama and meditation. Prayers were recited before and after the program.

A speech on the Yoga, its benefits and its usefulness were delivered by students to the children, which included it as a great opportunity to imbibe the value of discipline. Yoga is a mental, physical and spiritual practice that needs to be practiced every day. Students got the chance to know how yoga embodies unity of mind and body.

Secretary and Correspondent of MTIET Sri.M.Ravindra Babu Garu appreciated the NSS Programme officer sri. N V Kishore kumar and his team and all the participants for the team spirit and encouraged them for further activities.

The session was attended by Programme Officers of MTIET NSS Unit, staff and students.


Heartfelt thanks to our Prime Minister, Mr. Narendra Modi for giving an opportunity for Colleges to celebrate the International Yoga Day. The College is also thankful to NSS UNIT OF MTIE for initiating this under them, also for inculcating Yoga as a part of the daily life.



STUDENTS PRACTICING YOGA ASANAS @ "INTERNATIONAL YOGA DAY"


N.V. KISHORE KUMAR,
21/6/16

CO-ORDINATOR, NSS - MTIET


PRINCIPAL
Mother Theresa Institute of
Engineering and Technology
PALAKKAD - 517 101



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National Service Scheme-MTIET

“MAKE YOGA DAY YOUR DAY”

Organized by NSS-MTIET on 21/06/2016

PARTICIPANTS LIST

SL.NO	NAME OF THE PARTICIPANT
1.	K BHAGYA SREE
2.	K VINAY
3.	MANDEM ANJALI
4.	MD ROSHAN ZAMEER
5.	MEKALA BHAVANI PRASAD
6.	N SUMATHI
7.	ORSU HEMADRI
8.	V YUGANDIAR
9.	Y REVANTHI
10.	YALLA LAVANYA
11.	YARRAMANGALA YASWANTHI
12.	A.SADA SIVA
13.	ALLAREDDISEKHAR REDDY
14.	A.BALAJI
15.	B.MURALI KRISHNA
16.	BASA KISHORE KUMAR
17.	B.SHIVA KUMAR
18.	BOMMALAKUNTA VEERAGANGADHARA
19.	C.MANOJ KUMAR
20.	C.SREEKANTH REDDY
21.	C.VIJAYA KUMAR
22.	D.MURALI MOHAN
23.	D.MAIIESH KUMAR
24.	DONTHI HEMANTH
25.	E.ARAVIND
26.	J.JAGADISHVARA PRASAD
27.	J.NEELAKANTA
28.	J.MAHESH
29.	J.SUMANTH REDDY
30.	K.BABASHARIEF
31.	K.N.HARISH

32.	K.PRASHANTH KUMAR
33.	K.RAJESH
34.	K.JYOTHEESH
35.	K.MADHUKAR REDDY
36.	L.C.SANDEEP REDDY
37.	L.MURALI THARUN
38.	M.KARTHIK
39.	M.S.KIRAN
40.	M.REDDY MAHESH
41.	M.KIRAN KUMAR
42.	M.SIVAIAH
43.	M.SURENDRA
44.	M.SHOWKATH BASHA
45.	M.SREENIVASULU
46.	P.SAI NAVEEN
47.	P.YUGANDHAR
48.	P.APARNA
49.	R.SUSHEEL KUMAR
50.	S.AFZAL BASHA
51.	S.RAMEEZ HUSSAIN


N.V.KISHORE KUMAR, 21/6/16

CO-ORDINATOR, NSS - MTIET


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